

2009-2010 UMSAEP Exchange Grant

Dr. Ehimario Igumbor and Dr. Maureen Knell
February 2011

Activities from Dr. Knell's visit to UWC/Cape Town January 6-16, 2011

Friday, January 6:

Organization and planning meeting with Dr. Igumbor and Dr. Knell. Planned the week's activities. Discussed plans for scholarly and academic projects.

Monday, January 10: Attended UWC School of Public Health Journal Club Presentation – “In Search of Principles of Research Capacity Development” by Dr. Alastair Ager, Mailman School of Public Health, Columbia University. Dr. Knell introduced to the department.

Working meeting: attended by Dr. Igumbor and Dr. Knell. Worked on an abstract submission for the Pan African Pain Congress to be held in Cape Town March 11-13, 2011. Plans are to use this abstract as a basis for an opinion paper on comparison and contrast of pain management and suggestions for improvement in the treatment of pain in both countries.

Toured campus of UWC

Tuesday, January 11: Work day. Dr. Igumbor attended to UWC work as well as communicating with the organizer of the Pan African Pain Conference to clarify and confirm abstract submission. Dr. Knell created a list of United States pain guidelines to include as part of the comparison with South African guidelines, which we are awaiting to receive.

Wednesday, January 12: Meeting with Prof. Gail Hughes and Drs. Igumbor and Knell-South African Herbal Science and Medicine Institute (SAHSMI). Discussed the activities of SAHSMI and possible synergy and collaboration between SAHSMI and UMKC. Gail will also be involved with the UMKC Bloch School Global Health Elective Course in May and plans for this were discussed including possible “field trips” for the students in wild crafting, possibly at the UWC nature reserve and a tour of the natural medicine clinics. We will continue to communicate regarding these issues in follow-up. Dr. Knell will work with Drs. Ahmed and Woods to continue to coordinate the Global Health elective course.

Meeting with Prof Persens Drs. Igumbor and Knell at the International Relations Office. Discussed the history and benefits of the UMSAEP as well as future plans and continuing to promote collaborations between UM System and UWC. Follow-up will include

submission of reports respective to the UWC and UM offices and continued promotion of the exchange grant to our colleagues.

Meeting with the School of Pharmacy faculty including Prof. Sarel Malan , Director of the School. This was a very positive meeting that touched on many different areas including learning about the respective pharmacy schools, discussing linking faculty from the schools who may have similar interests, discussing the profession of pharmacy in both countries and shared information on the role of pharmacy school faculty and curriculum from both schools. Follow-up will include continued communication via email in connecting faculty will similar interests. We will also work to get Dean Melchert of the UMKC School of Pharmacy in contact with Prof Malan to discuss a more formal collaboration process.

Meeting with Dr. Kim Ward, School of Public Health/Pharmacy and Drs. Igumbor and Knell – Kim reviewed the working groups and outcomes related to the AMASA project. Discussed the AMASA project and additional research plans and questions that the three of us hope to add to project related to the tracer drug fentanyl that has been included in the study. We added additional research questions related to our interests in pain. Kim will inquire about our interest in future AMASA research workshop meetings, including one that is coming up in April. We also discussed the role of pharmacists and pharmacy school education. We also discussed the possibility of creating a UWC module on access to medications with focus on pain management issues and possibly the development of materials for community health workers related to improving the management of pain. Follow-up will include our continued pursuit of adding secondary research questions in the area of pain to the AMASA project as well as other collaborations related to access to medication/pain management in community health.

Thursday, January 13: Meeting with Prof Hazel Bradley and Dr. Knell, School of Public Health. Discussed the activities, roles and projects and possible synergy and collaboration between Hazel and other UMKC School of Pharmacy faculty, particularly Jack Fincham. We discussed the role of pharmacists in both countries and Hazel's work with capacity development of District Pharmacists in the South African Health System. Hazel is also interested in doing an evaluation of how public health is taught in pharmacy schools. Follow-up will include discussing opportunities with Dr. Fincham and other Social and Administrative Sciences faculty at UMKC.

Other Activities:

Toured Township and Cape Town Pharmacies/Chemists

Direct outcomes from visit:

Abstract submitted to the Pan African Pain Conference

Continued planning and coordination of the UMKC Block School Global Health course/exchange

Study planning for additional research questions related to pain and the AMASA study

Future plans:

Develop poster for submitted abstract to Pan African Pain Conference

Pain research related to the AMASA project

Possible publications advocating improvement in pain management in South Africa and the US and comparison of pain management guidelines from both countries.