When you have a health concern, it can be difficult and time-consuming to find the information you need. myNurseLine can help you make smart health care decisions with immediate telephone and online access to experienced registered nurses.

Your health advocate
One toll-free number connects you with a registered nurse who will take the time to understand what is going on with your health and provide personalized information that is right for you. And this is all available 24 hours a day, seven days a week, at no additional cost to you. It is included in your benefits. myNurseLine also gives you access to an audio health information library. Choose from more than 1,100 health and well-being topics, with 600 messages available in Spanish. Services are available to translate 140 languages and for callers with hearing impairments.

Experience you can rely on
myNurseLine nurses have an average of 15 years clinical nursing experience. They are an excellent resource when you need help choosing care, managing a chronic condition, understanding treatment options and more.

Your one-stop source
Whether you have a baby with a 102 temperature at midnight or need help managing your diabetes, myNurseLine is the one source to give you the answers you need.

Not sure if you need a doctor, urgent care clinic or just some good health advice? One call to myNurseLine can help you get information about the care and services you need. So, think of myNurseLine as your one-stop resource to help you make smart health care decisions every day.

To talk with a myNurseLine nurse, call the Customer Care number on the back of your health plan ID card, or visit myuhc.com®.